

# Weekly Newsletter

# Trinity Presbyterian Church, Santa Cruz

October 16, 2025

Featured in this Newsletter:

- The Last Things We Talk About
- Church Hike at Big Basin
- Library Corner
- Birthdays & Anniversaries
- Opportunities to Serve in The Community
- Regularly Occurring Events

This Sunday: In recent weeks, Pastor Diane has preached on the Christian's posture of humility. With Jesus as the extreme example of humbling oneself, the eternal Christ "stoops down" to come in the form of a human. We are called to be humble, releasing the ego —that part of ourselves that believes we are separate and alone in this world, the part of us that is concerned with me-me-me. The ego gets us in all sorts of trouble all the time. The more we recognize the ego's ways, the more we can set aside its demands, fears, and wounds. Such "emptying" (kenosis) makes room for the Spirit of God in our hearts and lives.

This week's sermon teaser: There is a rhythm to the Christian faith – we let go and empty ourselves, then open to receive God's gifts. We then become generous servants in community. Let go, empty ourselves. Open, receive. Serve generously. Even now, let us set aside our thoughts, assumptions, feelings and expectations. Let us come with open, holy hands to God.

\*Scripture this Sunday

October 19 - Matthew 11:25-30

### **Dates to Remember**

Please go to our webpage calendar for more.

October 16: Bible Study with Pastor, Thursday, 1 p.m.

October 16: Happy Hour, Thursday, 4 p.m.

October 19: The Morning Lectionary Sunday School, 9 a.m.

October 20: Book Club, Monday, 10 a.m.

October 24: Church Hike at Big Basin, Friday, 9:30 a.m.

October 25: The Last Things We Talk About workshop, Saturday, 9 a.m.

November 1-2: All Church Retreat at Redwood Glen Camp

### It's Registration Time for two special events:

- The Last Things We Talk About, Saturday, October 25, from 9 a.m. 12 p.m. Guided by author Rev. Dr. Elizabeth Boatwright. A light lunch will follow. This is a free event; books will be available for purchase. Register with Diana Dean, the Office, or on our Website.
- All Church Retreat, Saturday Sunday, Nov. 1-2 Register with Ellen Bauerle.

**Retreat Weekend.** Enjoy a weekend of good food, fun, and fellowship! **Pastor Diane** will lead sessions on "Spiritual Practices for Strength and Discernment," exploring meditative walking, scripture reflection, Bibliodrama, and more (no fasting required!).

The weekend will be guided by a wonderful team – **Ellen Bauerle**, **Laura Hamby**, and **Pastor Diane** – with time for hiking, music, games, naps, and creative expression at **Jeanne Bland's art station**. Bring your camera or phone for a nature-reflection activity – and your favorite board game or deck of cards!

We'll close with **Sunday worship at noon**, followed by an **optional lunch** before heading home.

### Our Workshop Leader for The Last Things We Talk About



As a chaplain, pastor and Certified Financial Planner, Elizabeth "Libby" Boatwright has worked alongside hundreds of people over the last thirty years counseling families on end-of-life issues, loss, and grief, composing memorials, working alongside lawyers with estate plans, and educating people with coping skills in the midst of crises.

Libby has been a lecturer in universities and colleges and medical settings, along with her work as a seminar leader at national conventions, faith, and community. She published articles in <u>Cancer.net</u> and <u>Morningstar</u>, and

<u>CSA Journal</u> and written articles for or has been featured in <u>Barrons</u>, newspapers in Portland, San Jose, San Francisco, and Honolulu as well as hosted her own radio show, "The Fiscal Therapist" on <u>KAIM</u>. She has also appeared on <u>ABC Nightly News</u>.

Libby's graduate degrees include master's Degrees from UC Berkeley, San Francisco State University, and a Masters of Divinity from Fuller Seminary, a Doctor of Ministry in Semiotics and Future Studies from George Fox University, and certifications, Certified Financial Planner and Board Certified Chaplain with Advanced Certification in Hospice and Palliative Care. She lives in Northern California.

# **Workshop Learning Objectives:**

To inspire people to have a head start regarding end-of-life inventories and tasks and the confidence to be engaged in living every day to the end.

To encourage a family's well-being and stewardship, to understand the cast of characters in the medical universe, and to plan for the inevitable costs of long-term illness and death.

To encourage in communication with family members so that the "treasure hunt and competition" of estate matters is minimal.

We are so glad to announce:

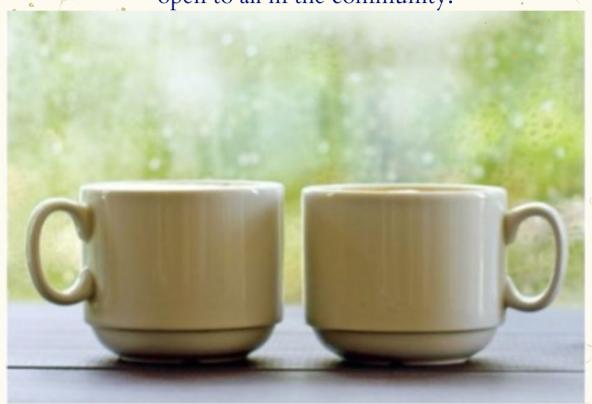
Dr. Boatwright will be preaching at Trinity Church

Sunday, October 26, 10:30 a.m.

# THE LAST THINGS WE TALK ABOUT:

A Workshop on End of Life Transitions.

A free event hosted by Trinity Presbyterian Church,
open to all in the community.



Conversations about aging and end-of-life aren't easy, but they matter. Join Rev. Dr. Elizabeth Boatwright, author of *The Last Things We Talk About,* for a thoughtful and practical workshop. A light lunch will follow, and books will be available for purchase.



420 Melrose Avenue Santa Cruz, CA 95062 trinitypressc.org (831) 423-8995



# Join us for "The Last Things We Talk About"

This meaningful gathering is inspired by the beloved book of the same name and will be guided by its author, Rev. Dr. Elizabeth Boatwright. Come and share in a practical, heartfelt conversation you won't want to miss.

# Register on our webpage, with Diana Dean, or the office.

- A light lunch will follow.
- This is a free event; books will be available for purchase.
- Elizabeth will preach the next morning, Sunday, October 26, at Trinity's 10:30 a.m. worship service.

### Who is it for?

- Individuals facing end-of-life challenges.
- Families supporting a terminally ill loved one.
- Anyone interested in preparing now for life's inevitable transitions

### About the book:

The Last Things We Talk About: Your Guide to End-of-Life Transitions" by Elizabeth T. Boatwright is a comprehensive guide for individuals and families to navigate the complexities of aging, end-of-life care, and death. The book provides step-by-step instructions and resources to help readers define their values, plan for medical, financial, and legal matters, and prepare for the practicalities of death and the grieving process. Key Aspects of the Book

### Personal Values and Wishes:

The book helps readers identify what gives life meaning and purpose, allowing them to define and celebrate their cherished people and experiences.

# • Practical Planning:

It guides readers through the process of creating essential documents, such as legal, financial, and medical forms, and understanding the continuum of care.

# Legacy and Aftermath:

Readers learn how to plan for the legacy they wish to leave behind and what needs to be done after death to help survivors.

# Cultural and Spiritual Sensitivity:

The book explores options for culturally and spiritually sensitive end-of-life rituals and celebrations.

 Resources and Tools: It includes checklists for tasks like choosing a hospice facility, putting affairs in order, and deciphering medical bills, along with information on finding relevant professionals.

# • "White Book" Concept:

Boatwright introduces the idea of a "white book," a binder or digital file containing all necessary information for family members to avoid a "treasure hunt" after a death.

\*\* FLYERS and Invitation for this Event are available for spreading the word.\*\*

### **Announcements**

#### **Online Church Service**

Experience our live services or explore past ones on YouTube or our Vimeo website. Both platforms can be accessed through our website: <a href="https://www.trinitypressc.org">https://www.trinitypressc.org</a>

### Third Thursday Happy Hour, October 16

Come for Happy Hour at Johnny's Harborside Restaurant for a time of fellowship. We begin gathering at 4 p.m. Bring a friend!

### **Directories**

Directories have been printed and are ready for pickup. To make sure everyone receives one, please take only one per household.

# **Third Monday Book Club, October 20**

Hi Bookies! Our October 20 book club meeting will be in the **Fireside Room** at **10 a.m.** We'll be discussing *Orbital* by Samantha Harvey. Whether you're a regular attendee or a newcomer, all are welcome to join the conversation! For folks wishing to read ahead, November's book is *The Frozen River*.

# **Presbytery's Unity Candle:**

This week we pray for the community, ministries, and leadership Lincoln Avenue Presbyterian Church, Salinas – Rev. Jason Barraca.

## Church Hike at Big Basin, Friday, October 24, 9:30a.m.

Join Kathy for an interpretive walk and see how the forest is recovering and changing.



Allow one hour to drive from Santa Cruz. Carpooling recommended. Entry fee: \$10 per car, \$8 with reservation. (<a href="https://www.cognitoforms.com/FSCSP1/bigbasinparking">https://www.cognitoforms.com/FSCSP1/bigbasinparking</a>), free with State Park pass. Bring lunch for a picnic following the hike. YOU MUST BRING YOUR OWN WATER! Questions? Contact Kathy.

**Your Announcement Here!** Want your announcement in the weekly bulletin or newsletter? Be sure to email trinitysc@sbcglobal.net by Tuesday 10am of that week's publication. <u>Please note:</u> Due to limited space in the bulletin, your item may not appear there; however, it will be included in the newsletter.

# **Library Corner**

## **Visit our Library!**

New to Trinity and our Library? This cozy gem is through a door in the Fellowship Hall. Check it out (pun intended). Open to the public: Sundays after worship; Thursdays 10am - 12pm.

Last week I pulled out all of the volumes that I could find in our library with Latin American Authors. I placed them on the display racks above the coffee service table. I have included a picture below. In addition, the Urban Works Art display posted in the Fellowship Hall on the back wall above the single pew. I have also included an updated picture of that. The next display will be the annual Advent Creche display which will begin in late November.

Warmly Larry the Librarian

Questions, go to our website, <a href="https://www.trinitylibrary.org/">https://www.trinitylibrary.org/</a>





### OCTOBER BIRTHDAYS

1	Ellen Bauerle	27	Ryan Althaus
5	Marie Imai	29	George Bunch
10	Glyn Luttrell		Kim Johnston
13	Gwen May	31	Jim Atwood

### **OCTOBER ANNIVERSARIES**

1 Barba & Michael Christie

#### OPPORTUNITIES TO SERVE IN OUR COMMUNITY

### Quilts? Sweet Pea is the place to be! October 11

Interested in learning to quilt or looking to get back into it? Grab a sewing machine and join Sweet Peas! They meet in the Youth Room (enter door on Melrose Ave) from 9:30 a.m. to 3:45 p.m. every other Saturday and donate to hospitals and shelters.

### AFC Dinners, Every 2nd & 3rd Wednesday

Looking to contribute to your community through cooking or small donations? Contact Debbie Bates at debates44@aol.com to see what can be provided. *The Association of Faith Communities (AFC) is a coalition of congregations serving Santa Cruz County.* 

## **Donating Used Electronics**

The Welcoming Network seeks computers and phones for our neighbors. Donated laptops (PCs up to 10 years old, MacBooks up to 15), iPhones (4G/5G), Androids, iPads, and tablets will be erased, refurbished, and given to those in need. Non-reusable items will be recycled at Gray Bears. If you are able to donate any of these items, contact Karen Wichelmann at (831) 588-9240.

## **Urban Works Updates**

Urban Works embraces art and recreation to break through faith, social and economic barriers, to create community for adults with disabilities and their support networks.



### **Urban Works Volunteers!**

Support this awesome organization, by being a greeter and helping to register participants at various events. Contact Katie Gentile.

# **Regularly Occurring Events at Trinity**

See more on our church Google Calendar via our website

Friendly Reminder: If your committee or group needs to change it's time/location, please remember to notify the office. Thank you!

### **Sundays at Trinity**

- Morning Lectionary School: Sunday, 9 a.m. Fireside Room
- Sunday Worship: 10:30 a.m.in the Sanctuary and streaming live on YouTube and Facebook
- Coffee Hour: Immediately following our Sunday service in the Magnolia Courtyard.
- Trinity Library is open during coffee hour.
- ❖ Nooners Class: 12 p.m. in the Fireside Room and on Zoom.
- ♦ Board of Deacons: 3rd Sundays (none in July), 12 p.m. Youth Room

# **Mondays at Trinity**

- ❖ Book Club (Every 3rd Monday) 10 a.m.-11 a.m. Fireside Room
- ♦ Monday Night Lectionary Study (weekly) 5 p.m.-6:15 p.m. Fireside Room

# **Tuesdays at Trinity**

- ❖ Administration Comm. (1st Tuesday, in "odd' months), 4:30 p.m. Fireside Room
- ❖ Session (every 2nd Tuesday) 5:30-7 p.m. Fireside Room
- ❖ Worship Christian Education (WCE) (3rd Tuesday), 11:30 a.m. Fireside Room

# **Wednesdays at Trinity**

- ❖ Association of Faith Communities (AFC) Board, 11 a.m.-1 p.m. Fireside Room
- ❖ Faith Community Shelter, 4 p.m. Overnight, Fellowship Hall
- ❖ Shower the People, 3 p.m.-6 p.m. Parking Lot
- ❖ Urban Works Board, 1st Wednesdays, 6-7 p.m., Fireside Room

# **Thursdays at Trinity**

- ❖ Librarian Corner, 10 a.m.-12 p.m., socialize in the library
- ❖ Bible Study with Pastor, 1-2:15 p.m., Youth Room
- ❖ Happy Hour (every 3rd Thursday), 4 p.m. Johnny's Harborside